

2 OF 4

SECTION 2: THE PHILOSOPHY OF SPEED

Urgency Architecture

Quick Diagnostic + Cheat Sheet

Unlimited time doesn't produce better work — it produces Parkinson's Law. Properly designed urgency, not an open-ended deadline, is what sharpens output. Urgency Architecture is what separates a real 48-hour sprint from ordinary deadline pressure.

Quick Diagnostic

Rate how true each statement is of you right now.

- | | | | | | |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| 1. My current “urgent” project has a real, non-negotiable time boundary — not just a soft target. | 1 | 2 | 3 | 4 | 5 |
| | ☐ | ☐ | ☐ | ☐ | ☐ |
| 2. I could state, in one sentence, the single assumption this work is actually testing. | 1 | 2 | 3 | 4 | 5 |
| | ☐ | ☐ | ☐ | ☐ | ☐ |
| 3. What I'm building this week is a real artifact someone can react to — not a plan, deck, or discussion. | 1 | 2 | 3 | 4 | 5 |
| | ☐ | ☐ | ☐ | ☐ | ☐ |

1 = Never/Not True 2 = Rarely 3 = Sometimes 4 = Often 5 = Consistently True

My Total: _____ / 15

3-7

Treadmill Pressure — This is deadline stress without structure yet — the kind that exhausts rather than sharpens. Start with The Clock below.

8-11

Getting There — One or two pieces of the architecture are missing. Find the gap and close it on your next sprint.

12-15

True Urgency Architecture — You're building the way the book describes. Notice what makes it work, and repeat it deliberately.

The Cheat Sheet

The 3 components of Urgency Architecture, at a glance.

The Clock

A real, bounded time constraint — 48 hours, not “soon.”

The Question

One primary assumption you're testing — not a vague goal.

The Artifact

Something a real person can react to — not a plan, a thing.

Try This Now

Pick one open-ended task on your list right now. Give it a 48-hour Clock, name its Question, and define its Artifact before you start.

GO DEEPER

This worksheet covers one framework, at a glance. The full diagnostic, guided exercises, and application blueprint for Urgency Architecture — plus the rest of the Power Worker system — live in ***The Power Worker Workbook*** and ***The Power Worker Course***.