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SECTION 4: LEADING THE MAGIC

The RICE Framework

Quick Diagnostic + Cheat Sheet

Leading a blended human-AI team takes the same discipline as giving any person excellent direction: specificity, context, constraints, and a clear picture of what great looks like. RICE is that discipline, made explicit.

Quick Diagnostic

Rate how true each statement is of you right now.

1. When I hand off work (to AI or a person), I specify the role I want them to act from.	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
2. My instructions describe the exact outcome I need, not just a general direction.	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
3. I include real context and constraints (audience, tone, limits) rather than assuming they're obvious.	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
4. I provide an example of what “great” looks like rather than only describing it in words.	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐

1 = Never/Not True 2 = Rarely 3 = Sometimes 4 = Often 5 = Consistently True

My Total: _____ / 20

4-9

Vague Delegation — Requests without enough shape tend to come back needing rework. Start with Role and Instructions below.

10-14

Getting Specific — You're hitting some components consistently. Find the one you skip most often.

15-20

RICE Fluent — This is a genuine, transferable skill. It works identically whether you're directing AI or a person.

The Cheat Sheet

The 4 components of The RICE Framework, at a glance.

Role

Who (or what) should be acting? Give AI or a teammate a clear role to operate from.

Instructions

The exact steps or outcome you need — not a vague ask.

Context / Constraints

Audience, tone, boundaries — the guardrails that keep output usable.

Exemplars

What does “great” actually look like? Show, don't just tell.

Try This Now

Take one request you're about to hand off today. Rewrite it hitting all four RICE components before you send it.

GO DEEPER

This worksheet covers one framework, at a glance. The full diagnostic, guided exercises, and application blueprint for The RICE Framework — plus the rest of the Power Worker system — live in ***The Power Worker Workbook*** and ***The Power Worker Course***.